

# EID & CTA Contact

Eastern Iowa Dressage & Eventing Association  
A Charter Group Member Organization of the USDF.  
Members become USDF Group Members.  
Affiliate Eventing Association to US Eventing Association.

CHARTER



GROUP  
MEMBER  
ORGANIZATION

GMO



GROUP  
MEMBER  
ORGANIZATION



For info contact: Chuck Bennett, *President* at 319.377.7868 • Ali Hayford, *Vice President* at 319.626.4857 • [www.mwnet.com/eidea](http://www.mwnet.com/eidea)

**Aug / Sept 2003 ~ Eastern Iowa Dressage & Eventing Association ~ Better Riding Through Better Understanding**

## Dressage Beters the Horse

By Barb Hall

The May EIDEA meeting was both fascinating and fun as four area riders and their horses showed us how the principles of dressage are used across multiple riding disciplines. Since the word “dressage” means “training”, it would seem to be a no-brainer – of COURSE all riders “do” dressage to train their horses! The terminology might be different, the end result might be somewhat different but the principles used are very similar.

Cindy Burke, eventer, riding instructor, and owner of Kindred Spirit Stables brought her thoroughbred mare Fantasia (Fan or Fanny) whom she events at Prelim to show us how dressage principles are used when training a horse to jump and while jumping. “Jumping is Dressage over vertical obstacles”, Cindy said as she showed us Fanny’s adjust ability within gaits, transitions, balancing, moving away from the leg through yielding and half pass, and flying lead changes intermixed with flying Fanny over the large jumps set up in the arena. “Bending, balance and adjustability are critical to good jumping”, Cindy stated.

Next we were treated to a demo on training the barrel horse by Ellie – (you know, the cute gal at the Saddle & Leather shop

with the really long blond hair) Ellie has been training and competing in barrels and reining for many years. “We don’t run the barrel pattern very often so they don’t learn to anticipate – the basic riding work is more important – to keep the horse soft and focused, to do lots of transitions within the gaits, always getting the horse to pay attention to everything I ask them to do. Bending and adjustability is so important. You want the horse to be the most flexible with the least amount of effort” said El-

lie. “Dressage betters the horse.” She sets up lots of barrels all over the arena to teach the horse how to handle turning a barrel. “The horse’s whole body has to be strong – front and back and lungs especially. Footing is very important for barrel horses also. We have to keep these horses HAPPY.”

Ellie then gave us some info on reining and training the reining horse. They run 10 different patterns for competition, and again, use many of the same principles for training. “Spins and pirouettes are trained basically the same way. We also school lots of lead changes, transitions within and in and out of gaits.”

For the grand finale, we were treated to a Grand Prix dressage exhibition by Mandy Johnson and Glissade, who skipped easily through 1 tempi’s, canter half passes, piaffe and passage. “The dressage horse has to be a happy, willing horse”, Mandy said, to conclude the demonstration.

All of which serves to remind us that the basics are still the most important principles of all. Schooling must be done correctly, with clear communication and relaxation, in order to have happy willing horses, no matter which discipline you choose to enjoy. I often think of something Nan Barta told me – “we can all learn something from every riding discipline, from dressage, from eventing, from round penning to working cattle. We are so lucky to have so many different opportunities available to us to learn from, we just need to keep our minds open and remember to respect each other.”

Our thanks go out to Free Rein Ranch for hosting the meeting, and Ali Hayford for working so hard at getting things ready, and thanks also to Deb Levine for the great refreshments, and everyone else I forgot to thank!!



Far Left:  
Ellie at Free Rein  
in May

Left:  
Member  
Cindy Burke  
schooling an  
Advanced jump  
at Wayne on her  
Thoroughbred mare  
Fantasia.

## Equine Chiropractor

by Ali Hayford

Last November I tried a new experience for both Casey, my Dutch Warmblood, and myself. I took Casey to Illinois to work with a veterinary chiropractor at the American Veterinary Chiropractic Association, Options for Animals. I emailed the school hoping to be able to fit Casey into their teaching program, but found out that they do not take horses in to teach on. Luckily two of the doctors agreed to see my horse over the lunch hour.

Casey had a history of lameness and although the x-rays did not show anything, I could tell he just was not comfortable. A friend who is a chiropractic veterinarian on the east coast suggested I take him to a chiropractor locally if I could find one. So that Wednesday, I traveled to meet Dr. Drew Spisak and Dr. Gary Marr. Both are instructors at the college for veterinarians and chiropractors and teach at the school approximately 4-5 days a month.



**Ali and Casey in June of 2003**

When I got there Gary had me unload Casey and bring him into a big storage building, which was housing horses and dogs for the school session. Dr. Drew came out and had me remove Casey's blankets and walk up and down the hallway. Before asking me about the horse's history, he could tell me problems I was having while I was riding. I was very surprised by what he could see in a sixty second walk up and down the aisle way. He quietly introduced himself to Casey and preceded

to run his hands over his neck, back and hind-end. Dr. Drew explained that much of what I would be seeing might look like he was just petting my horse.

His first adjustment was the TMJ, a joint in the jaw area. To me it looked like he was making Casey chew on a really big piece of carrot by just touching the inside of his cheek. Next we moved onto the atlas and axis at the poll of the neck. Dr. Drew rested Casey's head on his shoulder and then manipulated the joints. As he had told me many times it just looked as though he was petting my horse, which was not what I was expecting. I was assuming there would be a lot of cracking and jerking. Next he moved to the withers because he felt that they were not carrying the saddle right. He stood on a tall block to adjust this and then had me stretch his neck to check it. Finally it was his sacrum that needed adjusting. Dr. Drew stood behind him and made adjustment to both sides on his sacrum. It was surprising to me the difference in the relaxation of his tail after this was done.

It was then Dr. Gary Marr came over and tested the energy points on the horse to make sure that everything was in alignment using applied kinesiology. When we were all done Dr. Drew went over with me exactly what adjustments were done so that I could keep record as well as he could. We discussed future adjustments and he told me that I would know when it was time again. As with people, some horses have to be adjusted regularly and others only when needed. Currently both doctors stop by Free Rein to see Casey and other clients on a monthly basis. If you are interested in learning more about Veterinary Chiropractics please visit their web site at [www.ehb-llc.com/ofa](http://www.ehb-llc.com/ofa).

The Equine chiropractors will be at Free Rein August 5th in the afternoon. If you are interested on having your horse worked on please let me know. The cost is \$90.00 per horse and must be signed up in advance. For more information on this please email Ali Hayford at [Rulersleg1@aol.com](mailto:Rulersleg1@aol.com).

## What's Going On

TRPC presents Gigi Winslett Jumping Clinic August 5-7. Contact Diane Riccilo at 319-364-5585 or [doric4@aol.com](mailto:doric4@aol.com)

Shenandoah Riding Center will be hosting a Hunter Jumper Show on August 10, 2003. Judge is John Hruska. Contact the Shenandoah Riding Center office at 815-777-2373 or [src@galenalink.net](mailto:src@galenalink.net) for information.

Fox River Valley Pony Club presents Allison Springer Clinic, August 11-12, 2003 at Barrington Hills Riding Center in Barrington Hills, Illinois Contact Barb McMorris at 847-382-8358

The Timber Ridge Pony Club Presents a Dressage Schooling Show on August 19<sup>th</sup> and a Hunter/Jumper Schooling Show on August 20<sup>th</sup> at the Iowa Equestrian Center, Kirkwood Community College in Cedar Rapids, IA. The judge is Lois Heyerdahl. Contact Mary Claassen at 319-857-4292 or [Ridearocky@aol.com](mailto:Ridearocky@aol.com) for more information.

---

**October 18-19, 2003**

**2003 Premier Dressage / USDF Adult Clinic Series with**

# **WALTER A. ZETTL**

USDF Region 4 clinic will be at Winds Reach Farm, 4427 Kotts Ln. NE, Iowa City, Iowa  
GMO Host: Eastern Iowa Dressage & Eventing Association <http://www.mwnet.com/eidea>

## **ABOUT WALTER A. ZETTL**

Mr. Zettl has over 57 years of experience in riding and coaching some of the world's finest horses and students at international level competitions including the 1984 Olympics in Los Angeles, as well as coaching at the North American Young Riders Championship. He is the author of Dressage In Harmony (1998 Half Halt Press) and countless articles published both domestically and in Europe. Mr. Zettl's new video, A Matter of Trust (published by Dancing Deer LLC) is now available through USDF. His knowledge of classical dressage is unsurpassed.

## **SCHEDULE**

Friday, October 17th at 7 PM - Lecture by Walter Zettl at South Slope.

Saturday / Sunday October 18th & 19th Clinic 8:00 AM - 6:00 PM at Winds Reach. There will be a 1 1/2 hour break for lunch. Lunch will not be provided at Winds Reach. Lessons run approximately 45 minutes, followed by 15-minute question-and-answer period. Bleacher seating.

## **REGISTRATION**

Rider and Auditor Registration forms available at [www.usdf.org](http://www.usdf.org). Riders applications are due August 18, 2003. Riders will be allowed to bring one assistant to audit the clinic at no charge. Auditors may register to audit for a fee of \$30 per day or \$50 for two days for adults, or \$20 per day and \$40 for two days for those under 18. Preregistration is preferred.

**CONTACTS** Registration forms available at [www.usdf.org](http://www.usdf.org) or call USDF at 859-971-2277

Eastern Iowa Dressage & Eventing Association: [www.mwnet.com/eidea](http://www.mwnet.com/eidea) email: [eidea@mwnet.com](mailto:eidea@mwnet.com)  
Nan Barta at Saddle & Leather Shop, Inc. 319-362-2846  
Ali Hayford at [Rulersleg1@aol.com](mailto:Rulersleg1@aol.com)  
Barb Putnam at 319-626-2516

**HOTEL INFO** Red Roof Inn (Mention USDF Adult Clinic for \$59.99 discount rooms. Deadline 9-17-03.)  
200 6th Street, Coralville, IA 319-337-9797 [www.redroof.com](http://www.redroof.com)

Super 8 Motel, 611 6th Street, Coralville, IA 319-337-8388

Holiday Inn, 1220 First Avenue, Coralville, IA 319-357-5049

## **DIRECTIONS**

**Friday Night Lecture at South Slope**, 980 North Front Street, North Liberty, IA

**From Iowa City:** Go north on Dubuque Street to North Liberty. Turn right on North Front Street. Go through the 4 way stop and it will be .25 of a mile on your right.

**From Coralville:** Take 1st Ave north to round about and go right onto North Liberty Road. Turn left on Dubuque Street. Turn right on North Front Street. Go through the 4 way stop and it will be .25 of a mile on your right.

**From Cedar Rapids:** Take I380 South. Take the North Liberty exit and turn left onto Penn Street. Continue through stop lights and turn left at stop sign onto North Front Street. It will be .25 of a mile on your right.

**Saturday & Sunday Clinic at Winds Reach Farm**, 4427 Kotts Lane, NE Iowa City, IA

**From the South (Iowa City):** From I80 take exit 246 and go north onto Dodge Street / Highway 1. Go several miles and turn left on Newport Road, turn left on Kotts Lane. Take the first (and only) drive to the right and follow signs for parking.

**From the North (Cedar Rapids):** Go south on Highway 1. A few miles pass the city of Solon, turn right on Newport Road. Go a few miles and turn left on Kotts Lane. Take the first (and only) drive to the right and follow signs for parking.

---

Special thanks to Premier Dressage for their support. Special thanks to Bill Coester and everyone at Winds Reach Farm.

*Condolences to . . .*

*Sue Bennett on the loss of her 35 year old mare Tika.*

*Hannah Weston on the loss of her Welch pony Ollie.*



Above: Junior Member Jasmine Hobart age 12 schooling a Training Level jump at Wayne on her Thoroughbred gelding Diamond.

At the Fox River Valley Pony Club Horse Trails at Barrington Hills, IL on June 20-22, 2003 Jasmine and Diamond placing 3<sup>rd</sup> in the NOVICE – F division.

Congratulations!



Darwin Thirtyacres at the July meeting. He wanted to pass on this reading list.  
 "True Horsemanship Thru Feel" by Bill Dorrance & Leslie Desmond  
 "Think Harmony" by Ray Hunt  
 "True Unity" by Tom Dorrance



Jan Vlasak's horse ROCKY schooling an Advanced Cross-Country jump at Wayne with rider Jessica Gates age 13. This was the first time for both of them!

On a sad note Rocky is laid up with an injury. We wish him a speedy recovery!



**News Bits**

Congratulations to new member Sarah Wagenar. She rode at the Hunters Pointe show June 1 (her first horse show) and got the Reserve Championship for the Low Hunter division!

Congratulations to Megan Ward and Autopilot on three blues at the CFEC schooling show and scores in the 70s!

Mosica announced they would be moving to Texas before the winter. The stable and staff will be greatly missed. Best wishes to the boarders as they settle into new horse homes.

**Treasurer's Report**

Balance as of June 3, 2003	\$1345.22
Deposits	+ 35.00
Debits	- 64.37
Current Balance	\$1315.85



Belated congratulations to Rita Kells Pitlik and Hollywood on getting their USDF Bronze Medal in 2002.

Pictured at left - This winter Rita went to Europe and purchased a 4 year old Westfalen gelding which she named Freedom.

## **Jester Park Update**

There is a movement under way by homeowners living near Jester Park to close the Trails, stables and arenas to horses. Your Help is needed, because if we don't we will lose more trails. Please send an e-mail, letter or phone calls to members of the Polk County Conservation Board and Board of Supervisors. They need to hear from the equestrian community.

<http://www.co.polk.ia.us>  
Polk County of Supervisors  
County Administration Building  
111 Court Ave. Rm #300  
Des Moines IA, 50309  
Phone: 515 / 286-3120 FAX: 515 / 323-5225  
Email: [countyboard@co.polk.ia.us](mailto:countyboard@co.polk.ia.us)

<http://www.conservationboard.org>  
Polk County Conservation Board  
Jester Park, Granger, IA 50109  
515-323-5300 Fax: 515-323-5354  
Email: [pccb\\_info@co.polk.ia.us](mailto:pccb_info@co.polk.ia.us)

## **Event Circuit Name Change**

The name for the "I35 Circuit" is being changed to the "Midwest Eventing Circuit". We changed the name to be more inclusive of any event that will want to join the circuit. For the present, the only change is the name. The process for determining the "champion" for this year will remain the same, the best over all score combined, for a competitor/horse combination, entering and completing, Heritage Park Horse Trials and Briar Fox Farms Fall Horse Trials.

## **New USDF Online Verification Service**

The USDF now has online membership and horse-registration verification service. Members can search and view their and their horses current membership status. All information in the USDF online database is updated daily and is current as of 5 p.m. the previous business day.

Members will also be able to print an online Letter of Verification which can be used as proof of membership at competitions until the membership card arrives from the USDF office. This will eliminate the need to fill out membership and registration affidavits at competitions.

To learn more and to try the new USDF online verification service, visit <http://www.usdf.org>.

## **USAE/USDF HORSE ID UPDATE**

USA Equestrian is now accepting copies of completed United States Dressage Federation (USDF) Horse Identification (Horse ID) applications or copies of breed registration papers in place of completed USA Equestrian Horse ID applications if the USDF Horse ID number has not been assigned at the time of the competition. Competitions are asked to submit copies of these documents to the USA Equestrian office along with competition results and this will meet the requirements of article 811 of the rules.

USDF Horse ID numbers already assigned can be used at USA Equestrian recognized competitions and it will not be necessary to apply separately for a USA Equestrian Horse ID number. Accordingly, USA Equestrian will not need to notify dressage members of their assigned Horse ID number, although any member who wishes to obtain their number may do so by contacting Cheryl Frank at (859) 225-6980; [cmfrank@equestrian.org](mailto:cmfrank@equestrian.org) or Ken Ball at (859) 225-2035; [kball@equestrian.org](mailto:kball@equestrian.org).

## **USDF Announces New 2003 Horse of the Year Award Incentives**

For the 2003 competition year, the Dressage Horse of the Year at each of the nine performance levels and the Dressage Sport Horse Breeding (DSHB) Horse of the Year in eleven categories will be awarded an embroidered cooler and a gift certificate sponsored by Saratoga Horsecworks, Ltd. The owners will also receive gift certificates from Saratoga Horsecworks with a retail value of \$400 each.

In order to be eligible for USDF Horse of the Year awards, horses must be lifetime registered with USDF and owned by participating or business members at the time scores are earned. To be eligible for Dressage Horse of the Year awards, horses must also be ridden by participating members. There is no membership requirement for the handlers of DSHB Horse of the Year candidates.

## **USAE RULE CHANGES AVAILABLE**

The USA Equestrian Board of Directors approved rule changes to the 2003 USA Equestrian Rule Book on July 8, 2003. Changes are located at <http://www.equestrian.org/rulechange/index.asp> on the Federation web site.

Additionally, the 2003 Rule Book on the web site has been updated with all rule changes effective to-date.

## **Regional Championships / Qualifiers**

We would also like to remind you of the requirements of article 812.4 which states as follows: "Horses must be recorded (with USA Equestrian) in order to be eligible to compete in USA Equestrian/USDF qualifying classes for dressage championships and will not be credited with qualifying for the Regional Finals for Dressage Championships until they are recorded and unless they are entered in qualifying classes under their official recorded names and ownership. The responsibility for such recording rests entirely with the exhibitor." A USAE Horse ID number alone does not meet the above requirements. In addition, according to article 1927, the USDF Lifetime Horse Registration is also required for USAE/USDF Regional Championships qualifying and championship classes.

A horse recording application form may be downloaded from the USA Equestrian web site at [www.equestrian.org](http://www.equestrian.org) under downloads or you may complete a recording at this link - <http://www.equestrian.org/2003applications/horse/index.asp>. Alternatively, you may request a form by fax or by mail by contacting the USA Equestrian Membership Department at (859) 225-6910 or you may complete an application form at the competition.

## UPCOMING MEETINGS

### **Tuesday, August 5th, 2003 7 PM**

Brooke Carlisle, Equine Nutritionist for Red Mills Horse Feed will present a lecture: "Nutrition and the Sport Horse"  
AND . . . we will be voting on a new EIDEA logo! Washington Hall, Kirkwood Community College

### **Tuesday, September 2nd, 2003 6 PM**

Kindred Spirits Stables owner Cindy Burke will host a demonstration showing how the advancing movements of Dressage improves the Event Horse as it moves up the levels. Following this demonstration will be a POT LUCK.

WHAT TO BRING - If your last name begins with:

A-J Salad or Side Dish

K-S Main Course

T-Z Dessert

Also bring a chair to sit on and bug spray. Drinks and place settings will be provided.

### **DIRECTIONS TO KINDRED SPIRITS**

I-380 North to Toddville Exit. Turn right. Go approx. 20 miles east on County Home Road to Viola. Look for brown Matsell Park sign. Turn Left . Continue on this



road toward the park (do not turn toward Stone City) . You will see the White and Blue Kindred Spirits sign on the left. Turn left on this road and the entrance to the stable is up the hill and to the right. The phone number is 854- 7124. SEE YOU THERE!

---

### **Board Meetings:** (3rd Wednesday of the month)

August 20<sup>th</sup>. 2003 at 7 PM at CJ's Sports Bar and Grill,  
62 17<sup>th</sup> Ave, SW, Cedar Rapids, IA

---

### **Newsletter Schedule Submission dates**

September 15 for October/November

November 15 for December/January

Submissions can be sent by email to [eidea@mwnet.com](mailto:eidea@mwnet.com). Text should either be in the email or as an attached Microsoft Word or Adobe Acrobat (PDF) file. Email photos as attachments in JPG or TIF.



Megan Ward  
1228 Hertz Drive, SE  
Cedar Rapids, IA 52403